

# St. Mary's School Nutrition Program

## Breakfast

- Breakfast is available to all students between 8:20 a.m. to 8:45 a.m.
- Breakfast pick-up is at the kitchen and is eaten across the hallway

## Snack

- Kindergarten to Grade 3 is required to bring a snack from home.
- Grade 4-8 can bring snacks too from home but it is optional.

## Lunch

- Lunch is provided to all students wishing to participate
- A monthly menu is sent out to each student with a return date.
- Select the days your child would like to eat from the menu and return form and payment.
- If certain days are not selected, you must send a lunch with your child.
- Lunches include menu item, fruits, vegetables, cheese, milk and dessert. Selection is based on availability.
- Lunch Monday thru Thursday can be purchased for \$1.00 per day and \$2.00 on Fridays

**If you have any questions and concerns, please contact the office.**

